# 2024 ACMT Symposium Substance Use Disorder in Adolescents and Young Adults: Unique Challenges April 11, 2024 | Washington, DC

# **Activity Overview**

This symposium gathers experts, researchers, and healthcare professionals to explore the unique challenges surrounding adolescent substance use, including biologic differences in adolescents, psycho-social motivational differences, and medication recommendations and therapeutic interventions for this patient population. This educational event is tailored for medical toxicologists, addiction medicine specialists, pediatricians, psychiatrists, psychologists, nurses, and all healthcare providers dedicated to improving the lives of young individuals battling substance use disorders.

#### **Target Audience**

This activity is designed for an audience of physicians, pharmacists and nurses.

## **Learning Objectives**

Upon completion of the educational activity, participants should be able to:

## Developmental Vulnerabilities in Substance Use Disorders: Why Are Youth Different?

- Recognize increased risk of SU and SUD in youth.
- Identify vulnerability factor that contributes to increased risk of SU and SUD in youth.

# Assessment and Treatment of SUD in Youth: Beyond SBIRT

- List the assessment domains when completing a comprehensive evaluation for SUD in youth.
- Apply the ASAM Criteria as a multidimensional assessment to recommend a level of care for youth presenting with SUD.

# Opioid Use Disorder in Youth -- When To Consider MAT

- Recognize the opioid crisis in youth.
- Identify the role of MOUD in the treatment of OUD in youth.

## **Family Involvement in Youth SUD Treatment**

Discuss rationale and strategies to involve family members in youth OUD treatment.

# **Patterns and Trends**

- Identify trends and patterns in youth substance use.
- Hypothesize reasons for increases in youth substance use.

# **Vapes & Emerging Substances**

- Identify emerging substances that adolescents use or are exposed to.
- Describe concerns about adolescents using these emerging substances.

## Cannabis

- Discuss the latest statistics and facts on what is really happening in legalized states.
- Understand the negative mental health outcomes of children who smoke marijuana.

## **Developmental Effects of Cannabis and Psychiatric Consequences**

- Identify psychiatric risks of cannabis use.
- identify risks of cannabis use disorders in youth.

# The Evidence for Replacing the Current Normalization of Youth Drug Use with a New Health Standard

- Describe national youth drug trends and their implications for youth prevention messaging.
- Articulate the One Choice prevention message and how it is rooted in the unique vulnerability of the developing brain to substance use.

#### Youth SUD Case-Based Panel

• Discuss management of SUD in youths via real case examples.

#### **Criteria for Success**

Statements of credit will be awarded based on the participant's attendance. A statement of credit will be available upon completion of an online evaluation/claim credit form available at:

https://education.acmt.net/p/2024-acmt-symposium-CE#tab-product\_tab\_instructions

Please claim your credit by April 30, 2024.

If you have questions about this CE activity, please contact AKH Inc at JGoldman@akhcme.com.



CE credit provided by AKH Inc., Advancing Knowledge in Healthcare.



In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and American College of Medical Toxicology (ACMT). AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 5.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

## **Physicians**

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Pharmacists**

AKH Inc., Advancing Knowledge in Healthcare designates this continuing education activity for 5.5 contact hours.

#### Nurses

Credit being awarded: 5.5 ANCC contact hours

## **Commercial Support**

There is no commercial support for this activity.

DISCLOSURES		
Name	Relationship	Commercial Interest
Camille Broussard Robinson, MD, MPH (faculty)	N/A	Nothing to disclose
Ann Bruner, MD (faculty)	N/A	Nothing to disclose
Jordan Davidson, BA (faculty)	N/A	Nothing to disclose
Robert L. DuPont, MD (faculty)	N/A	Nothing to disclose
Leslie R. Dye, MD, FACMT, FASAM, FACCT	N/A	Nothing to disclose
(faculty)		
Marc Fishman, MD, FASAM (faculty)	Consultant	Nirsum Labs; Drug Delivery LLC
	Researcher	Alkermes; Indivior; Braeburn
Ashley Haynes, MD, FACEP (faculty)	N/A	Nothing to disclose
Robert Cole Pueringer, MD (faculty)	N/A	Nothing to disclose
Kevin Wenzel, PhD (faculty)	N/A	Nothing to disclose
Dorothy Caputo, MA, BSN, RN - VP, Healthcare	N/A	Nothing to disclose
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Michele Bielarski, RN (planner/reviewer)	N/A	Nothing to disclose
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FACMT (planner/reviewer)		
AKH Inc Staff and Planners	N/A	Nothing to disclose
ACMT Staff and Planners	N/A	Nothing to disclose
All of the relevant financial relationships listed for these individuals have been mitigated.		

## **Disclosures**

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## Disclaimer

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